



MOTIVATIONAL INTERVIEWING: *INTRODUCTION - UPDATE*

Two-day training workshop

Mon 22nd & Tue 23rd July 2013

*Morgan Cole Lounge
Swalec Stadium, Cardiff, Wales*

Trainer: William R. Miller, PhD & Stephen Rollnick, PhD

www.micardiff.co.uk

This is a repeat one-off opportunity to learn about motivational interviewing (MI), and the latest developments, from its two co-founders, William R. Miller from Albuquerque, New Mexico & Stephen Rollnick from Cardiff, Wales. This will be of interest to both newcomers and those more familiar with MI. A streaming system will be used to ensure that those relatively new to MI will get good opportunity to practice basic skills. It will provide:

Clarification about the common and unique elements of MI

- A focus on client change language and how it guides the practice of MI
- An update on theory and research
- The presentation of a new 4-process framework for MI that allows for easier integration in diverse settings
- Opportunity to practice core skills for evoking motivation to change

William R. Miller, Ph.D. is Emeritus Distinguished Professor of Psychology and Psychiatry at the University of New Mexico. He introduced the clinical method of MI in 1983, and with Dr. Stephen Rollnick authored the seminal text, *Motivational Interviewing* (1991 and 2002), now published in 14 languages. He has published over 40 books and 400 professional articles and chapters, and the Institute for Scientific Information lists him as one of the world's most cited scientists.

Stephen Rollnick, Ph.D. is a clinical psychologist and Professor of Health Care Communication in the Department of General Practice, Cardiff University, Wales. He was a practicing psychologist in the UK National Health Service for 16 years, and has a special interest in hospital and primary care settings. He pioneered the application of MI in health care, and has trained practitioners in diverse settings and cultures. A co-developer of MI, he is senior author of *Motivational Interviewing in Health Care* (2008), already published in six languages.

Venue: Morgan Cole Lounge, Swalec Stadium, Sophia Gardens, Cardiff, CF11 9XR.

This is a spacious and modern facility, close to the city centre, with views over the county cricket ground and surrounding parkland.

Cost: £350 (GBP ONLY) for 2-day workshop

This price includes training fees, morning and afternoon refreshments, and buffet lunch on both days. This workshop is being run privately, is not associated with any organisation or institution, and includes the cost of reusable beaded name badge holders produced by HIV-positive mothers in South Africa, see www.kidzpositive.org

Registration: Places will be booked on a first-come-first-served basis. Please complete an application form www.micardiff.co.uk/introductory-workshop and ensure that payment is authorised as soon as possible.

Please direct any queries to: mistephenrollnick@gmail.com